



Baguazhang European Training Camp 2017

Garda lake (Italy) • October 12-13-14-15, 2017



EUROPEAN TRAINING CAMP 2017

Poiano Resort - Garda (VR)

PA KUA CHANG FALL CAMP WITH SIFU PARK BOK NAM AND JACOPO SILICANI

In October 2017 the traditional "American Summer Camp" is this year followed by the "European Training Camp" in the wonderful Italian location of LAKE GARDA. A 4 days camp starting from Thursday 12th October till Sunday 15th. A total of 6 hours of teaching and training every day (theoretical and practical lessons).



HOW TO REACH POIANO RESORT HOTEL

On the east bank of Lake Garda, Poiano Hotel boasts an enviable position at the crossroads of Europe's main transport links: nearby airports, motorways and railway stations make it easily reachable.

ARRIVING BY CAR

Car Navigation System: Via Poiano - 37016 Garda

GPS Coordinates: Latitude: 45.580338 N

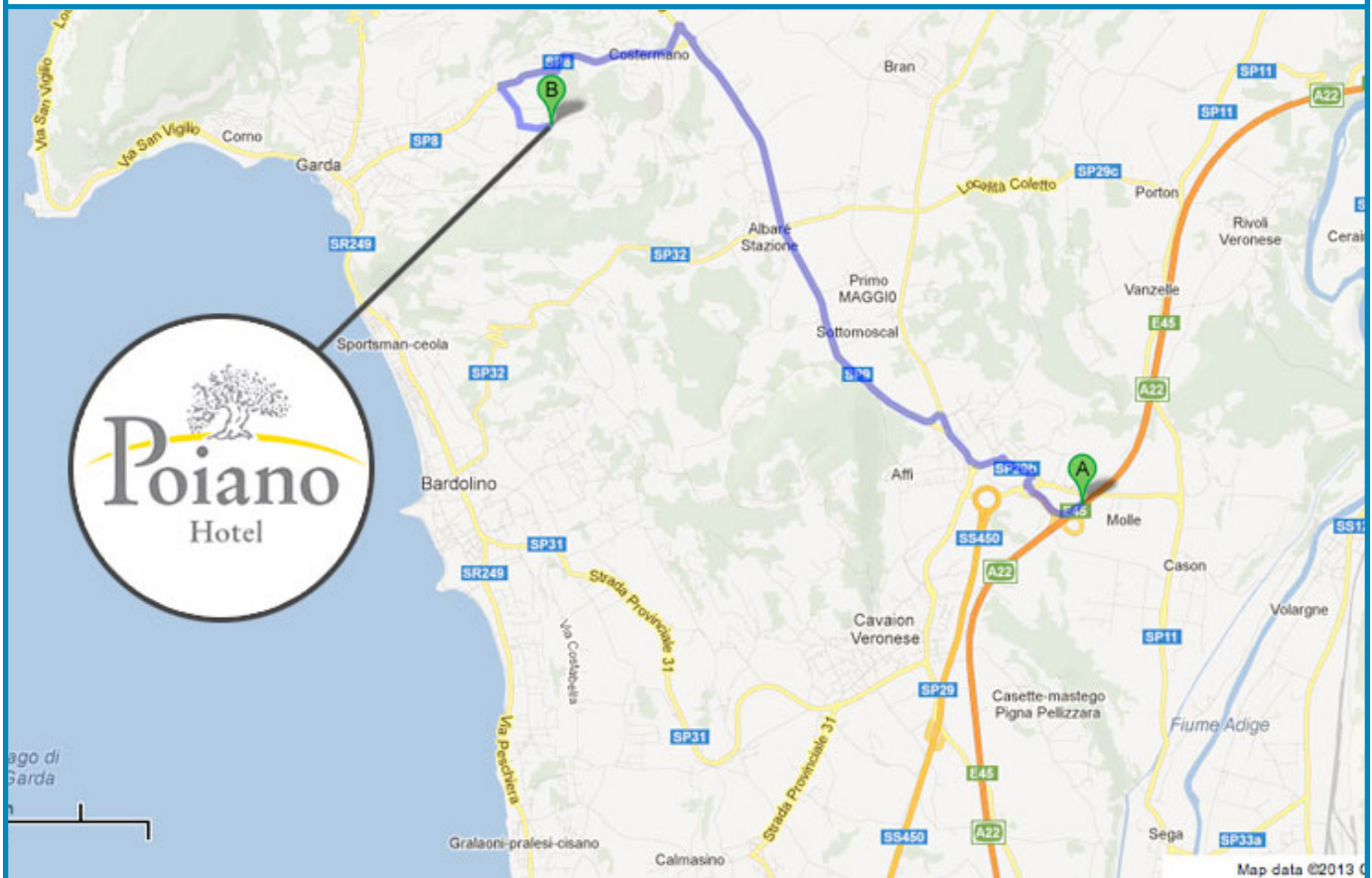
Longitude: 10.732306 E

The nearest motorway (autostrada) exits are:

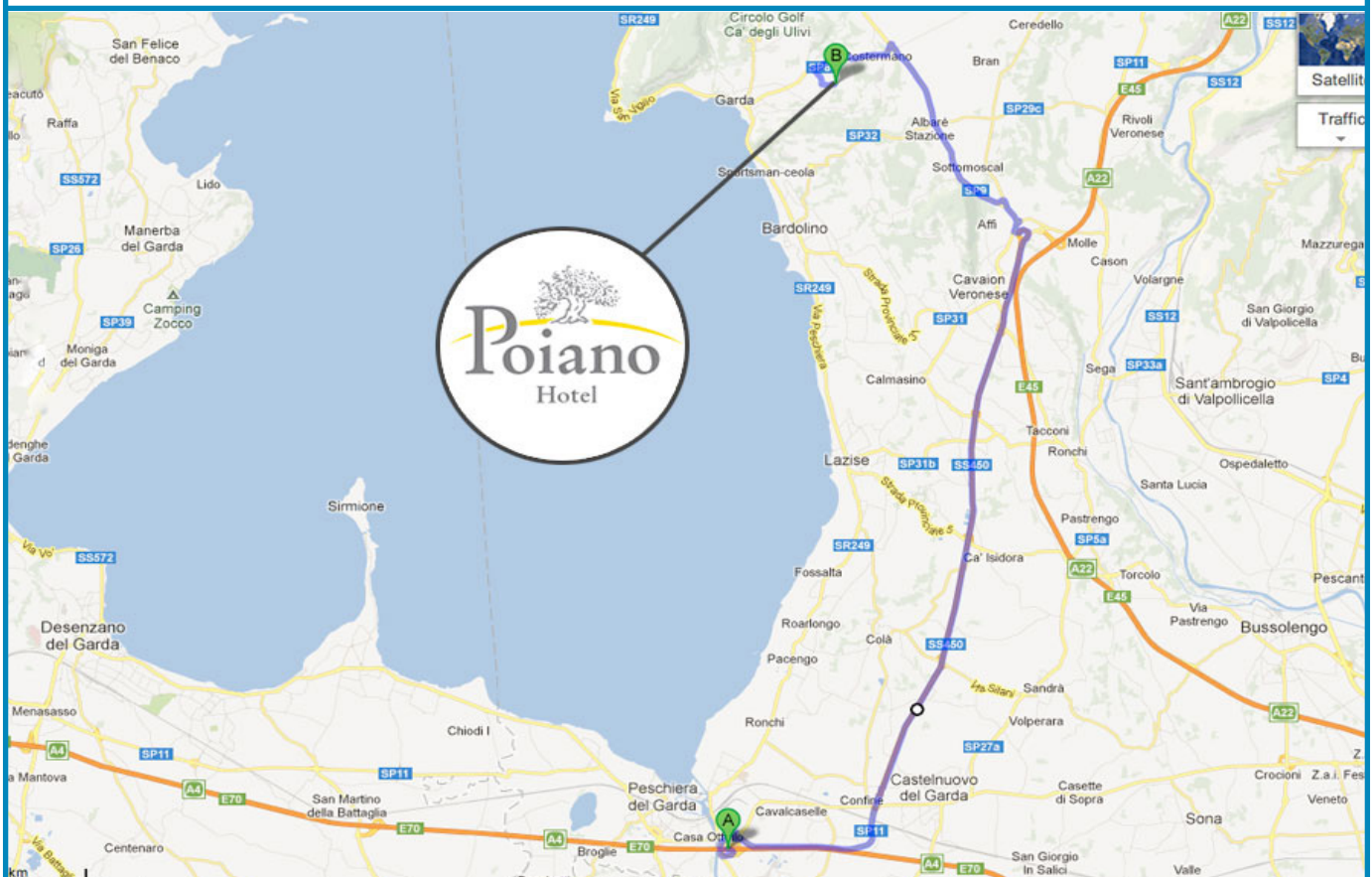
• **Affi - Lago di Garda Sud** if arriving from Modena, Brennero, "V. Catullo" Verona Villafranca Airport. To get to the Poiano Resort follow the road signs for Costermano - Garda.

• **Peschiera del Garda** if arriving from Milan or Venice. For the Poiano Resort enter the dual carriageway in the direction of Affi and follow the signs for Costermano - Garda.

MOTORWAY A22 (Exit Affi-Lago di Garda Sud)



MOTORWAY A4 (Exit Peschiera)



ARRIVING BY PLANE

Nearby airports can be reached by taxi, public transport or low cost transfer buses (taxi.limtours.it) are:

Valerio Catullo di Villafranca Verona (approx. 31 km from Garda)

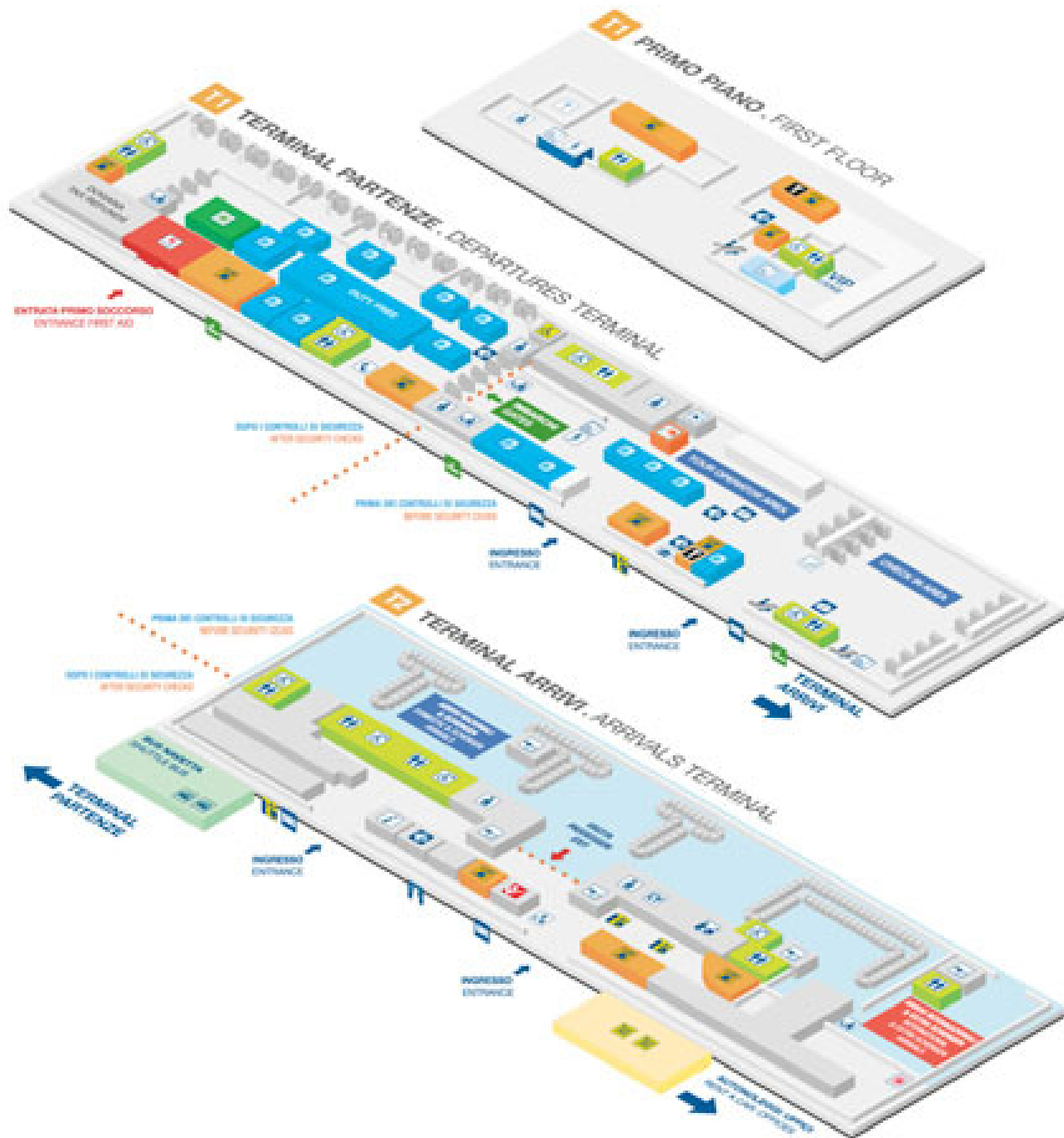
Bergamo Orio al Serio (approx. 112 km from Garda)

Venice Marco Polo (approx. 154 km from Garda)

Milan Linate (approx. 162 km from Garda)

Milan Malpensa (approx. 198 km from Garda)

VALERIO CATULLO VERONA AIRPORT (Terminal Map)



ARRIVING BY TRAIN

The nearest train stations, that can be reached by taxi or public transport, are:

Peschiera del Garda (approximately 17 km. from Garda)

Verona Porta Nuova (approximately 32 km. from Garda)

Train Timetables: www.trenitalia.com

Bus timetables - APTV Azienda Provinciale Trasporti Verona: www.apv.vr.it

BUS TIMETABLE

LINE 165 TIMETABLE (Verona Train Station - Garda) Monday to Friday

Verona Porta Nuova	06:15	07:10	08:15	09:30	12:45	13:15	13:55
intermediate stops	-----	-----	-----	-----	-----	-----	-----
GARDA	07:30	08:22	09:17	13:10	13:55	14:25	15:02
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Verona Porta Nuova	16:50	17:35					
intermediate stops	-----	18:27 (Calmasino)					
GARDA	18:25	-----					

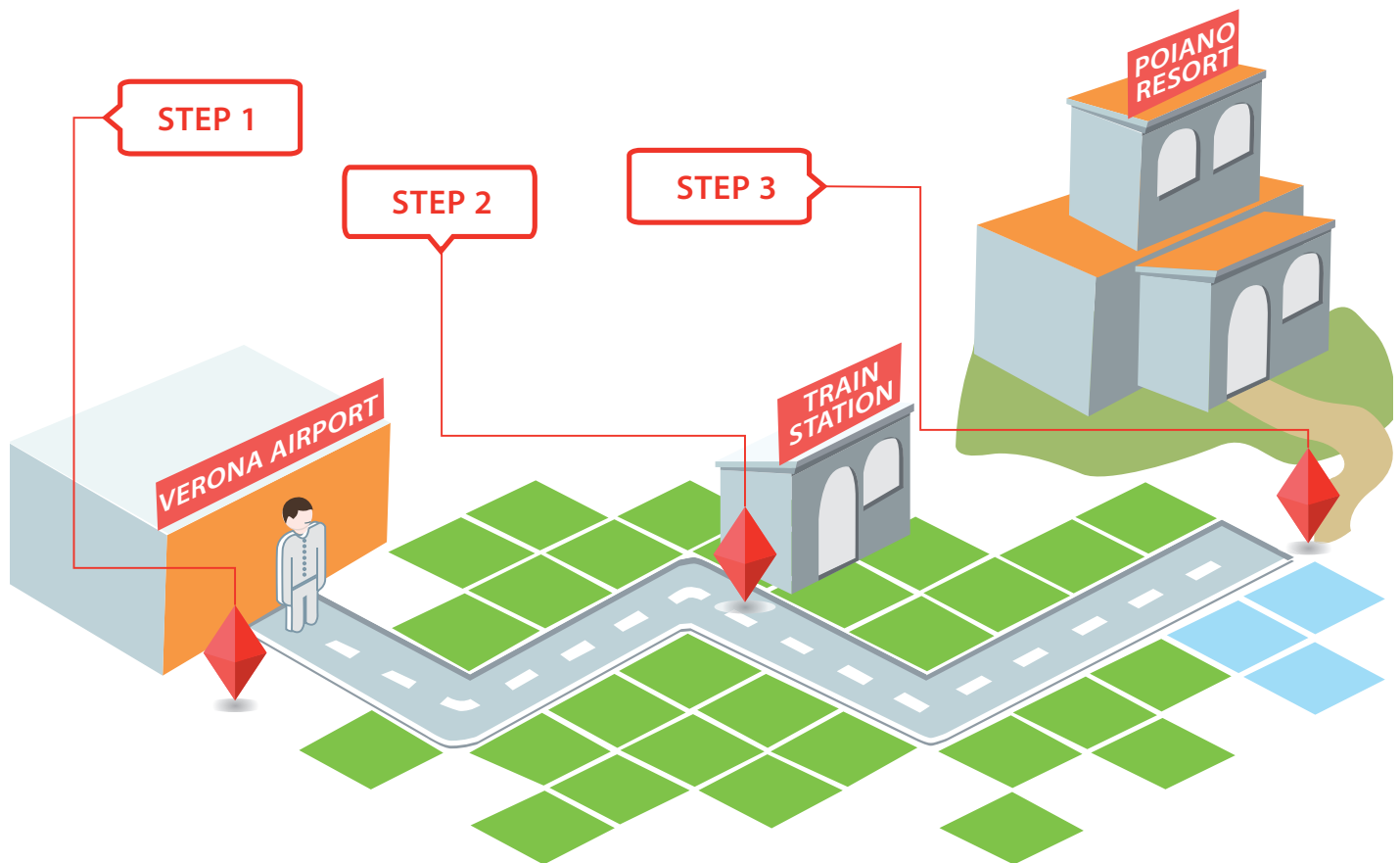
LINE 163 TIMETABLE (Verona Train Station - Garda)

Verona Porta Nuova	06:30	07:20	08:15	09:30	11:30	12:05	12:15*
intermediate stops	-----	-----	-----	-----	-----	-----	-----
GARDA	07:32	08:35	09:17	10:42	12:32	13:10	13:17
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Verona Porta Nuova	12:45	13:15**	13:55	14:20	14:40**	16:00	16:15
intermediate stops	-----	-----	-----	-----	-----	-----	-----
GARDA	14:05	14:25	15:15	15:22	15:53	17:12	17:17
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Verona Porta Nuova	17:45	18:30	19:15	20:05			
intermediate stops	-----	-----	-----	-----			
GARDA	18:47	19:50	20:30	21:07			

* only on Saturday and Sunday

** from Monday to Saturday

HOW TO REACH POIANO RESORT HOTEL - RECAP



STEP 1



Verona Airport

From Arrival Terminal at Verona airport get the shuttle bus to Verona Porta Nuova train station (main station)



The shuttle bus to Porta Nuova Train Station does leave every 20 minutes starting from 6.30 a.m to 11.35 p.m.
The fare is 6 euro



Alternatively you can call +39-0365-954626 for a private taxi from airport to Poiano Hotel at Garda town. Fares starting from 60 euro (1-4 people) to 215 euro (up to 12-15 people)

STEP 2



Verona Porta Nuova
Main Train Station

From the train station get bus #163 or bus #165
Both stop to Garda town bus station



Bus #163
Bus #165
The bus deos take about 1 hour to Garda,
ask the driver for the right stop

STEP 3



Garda Town
Bus Station

From the Garda's bus station call the hotel for a free shuttle service or get a taxi at the bus station



To book a shuttle from Garda bus station to the hotel call Poiano resort hotel at +39 045 7200100

Garda taxi service: +39-348-4078872 or +39-347-4278752 - Fares from Garda lake to Poiano Hotel:10 euro (1-4 people)

NOTE: If you are planning to landing at Venice Airport or any other Northern Italy Airport you can reach Verona by train (skip to step 2)

VISITING VERONA

Once at Garda you can reach **Verona** by bus. You can take Bus Line 163 or Bus Line 165 at the Garda Bus Station

BUS (Line 163 & 165)

From GARDA to VERONA PORTA NUOVA.

Lenght of trip: 60 minutes.

INTERESTING PLACES TO GO

Click on the link for a list of thing to do and places to visit in the Verona area ►

POIANO RESORT GALLERY



INFO

For the students arriving some day before Camp's starting date please notice in advance at: info@pa-kua.it

p.s.: don't forget your swimsuits if you wanna spend some time at the beach or at the hotel swimming pool
